

Green-Fields Swimming Club

16th Annual Triathlon, Duathlon, 5K, and Kid's Splash & Dash (13 and under)

Sunday, July 29, 2018

Register at: <https://register.chronotrack.com/r/32251>

Race Day Registration starts at 6:30 AM at pool



Triathlon—\$49

* 475 meter swim * 13 Mile Bike * 5 K Run



Duathlon—\$39

* 2 Mile run * 13 Mile Bike * 5 K Run



Splash & Dash—\$29

* 100 meter swim (4 lengths) * 1 Mile run

5 K Run —\$29

Single Start Time (rain or shine) for Tri, Du and 5K Events —7:30 AM

Splash and Dash Start approx.—10:00AM

5K Awards—9 AM

Triathlon, Duathlon & Dash Awards approx.—10:30 AM

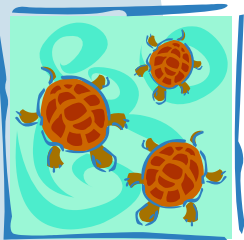
Information and Registration Link On-Line through

<https://www.1inmarksports.com>

Any questions or concerns, please contact the Greenfields on-site race director at GreenfieldsTriRD@hotmail.com

Event Day registration (29 July) is allowed if space is available.

No T-Shirt guarantee if registered after Sunday, 22 July
\$5.00 fee will be assessed for registrations on day of event



Green-Fields Swim Club—Home of the Turtles—is located on
989 Jessup Road, West Deptford, NJ, 08086.

Race info and directions to club are available on-line @ <http://green-fieldsswimclub.org/>